

Br. Allen

“Faith: the True Meaning of Salvation” - 8/12/2010

The average person would say faith is a belief. Master would say faith is knowing; it's much more than belief.

What is intuition?

Our body is infinite—one with everything. If something happens with our oneness we know it. That is what intuition is.

Faith is knowing. Faith is having an intuitive faith. Inner faith is a stronger driving force than thoughts or feelings. So we need to develop faith to overcome incarnations.

### **FAITH=limitless power within**

Our inner faith tells us we are made in the image of God. We have to increase our faith until we are aware of God in every moment of every day. Develop the limitless power of God within.

If we're trying to succeed at something and it doesn't turn out a certain way it means God has something better for us—better than what we've been praying for. Talk sincerely and justly with God and he will be fair with you. Our past does not matter. All that matters is what we are right now. Are you seeking God now? Our past won't stop us from finding God if we make the spiritual effort now.

Have trust in everything that happens.

Our meditations would be better if we had no distractions. Believe God is taking care of everything. Worries and desires are a burden in our lives—they pull us away from God. Worry is like driving down a street with the parking brake on. When we don't connect with God we feel alone. Faith is about turning to the God within. Dedicate everything you do as an offering to God. Conceive of God as one you cannot live without. Don't get caught up in delusion. Disentangle yourself. The yogi must find the ever new joy in the soul to find complete happiness.

We are little individual sparks of God. We have the qualities of God manifested in us.

How do we attain intuition?

Keep love for God in your heart. And keep a solid foundation of meditation. We are protected by the solid foundation of peace found in meditation. Without the foundation protecting us we can get thrown off course.

We need to connect with God. Meditation is the most powerful way to connect with God. Calmness helps faith manifest. With calmness or stillness comes awareness of God. When we're not meditating we can increase faith by bringing God into everything. When we can feel God in everything—that's how the saints live. We can imitate how the saints live—we can grow this way.

Science must be combined with love. Try to keep a balance. Permeate scientific meditation with devotion. The Holy Science is about awakening natural love within our hearts. It's the foundation of devotion. This natural love is for God and is peaceful and healthy. The purpose of life is to know God. The heart's natural love motivates to seek God and to know God. This should be encouraging to all of us. We are constantly seeking God because of it. It is impossible to advance towards God without this natural love.

Throughout our day let's practice being more hopeful and optimistic. **God always tries to help us.** Be hopeful that God will come to us in meditation. God is close—just try a little harder. God can come in every moment. God loves it when the devotee is hopeful. God loves it when we think about him. Another way to increase faith is to take life less seriously. Even life and death are dreams. Master used to argue with God about this nature of this creation.

If you love God, have faith and be prepared when trials come—it's your inner strength that's most important. Every single thing that happens to us is for our own higher good. Whatever it is we are going through we are learning an important lesson or burning off karma. God has complete control of the situation and everything that happens happens for a reason.

*Say to God, "I know this isn't easy but I know it's happening to me for a reason."*

Salvation is no lazy man's job. Keep company with the Gurus. Sri Yukteswar says to regard the Gurus with deep love. Keep him in your heart—be with him in principle, and be attuned with him. Send your love to your Guru. The heart's natural love is an expression of our soul.

Saints see God in everything—good bad and indifferent. Your salvation is not to be attained. It is already yours. Turn within yourself to find your salvation. We are all made in the image of God.

**"Be strong inside with full faith in God."**