

Sunday, September 13, 2009
“Karma – The Law of Cosmic Justice” - Br. Allen

Karma can play out in lifetimes from now. Karma ties us to this creation.

Everything that happens to us was created by our past actions. We are victims of our own actions. We cannot get anything that isn't our karma.

Action & Reaction – cause and effect.

Natural Righteousness – mold your destiny.

Emerson – “The world balances itself like a mathematical equation. The results are exacting.”

Resentment falls away when we acknowledge that we caused our own sufferings. Do not blame God.

We are in control of our destiny. Everything has a reason. We have a lot of control and freedom. There are reasons for everything. The purpose of life is to find God. We're not just being bounced around like ping pong balls.

All human events are resulted in the cause of human actions. There is no fate. You are your own Savior. You control your own destiny. No one can free you unless you make the effort to free yourself.

Be ever watchful of yourself. Analyze how you act during the day. It's not easy. The better we get, the more pressure God puts on us.

Pain is a prod to remembrance. Suffering brings us to God.

Spiritual redemption is the purpose of the law of karma.

Master can and does manipulate our karma to get us back to God more quickly. Master adjusts our karma – can speed it up or slow it down depending on what we can handle.

Karma is not an enemy. We don't know what's happening behind the scenes.

Master knows exactly what he's doing, so if you see bad things happen to devotees don't worry.

Guilt – no purpose for it. We don't need guilt since we know how the law of karma works. Guilt can help us create even more karma.

Learn the lesson and forget the details. Don't do it again. Forget it and let it go. Don't brood. Continue to strive to do better every day. Live in a consciousness of spirit.

How can you reduce your karmic debt? The wisdom of yoga. Yoga shatters the bonds of karma. Find the image of God within you – know you have the power of God within you.

The law of karma is totally dependent on this creation. To believe in karma gives strength to it. We need to let go of the idea of karma and we need to latch on to God.

Practice techniques that give you direct contact with God.

Whatever actions – dedicate them all to offerings of service to God. No action can chain you to earth with good or bad karma.

Do your best – do little things every day for God.

Good karma binds us to earth. Do everything for God. An action done only to please God creates no karma – good or ill. Do everything as a service to God. You do it and its gone – It does not tie us to the world.

Help Master to help you – give Master the opportunity to dispel large chunks of karma.

Thought precedes actions. Control your thoughts – meditation, concentration, and the techniques will help with this.

Most of the reason we're frustrated is because we are dependent on outcomes – we have a desirous outcome.

Affirmation:

I and My Father are one.

I have no karma.

I am free.