

Brother Balananda – “Divine Friendship”

March 20, 2011 - Lake Shrine Temple

“Friendship is the highest form of love.” ~ Master

“It is God calling souls back to unity with Him.” ~ Master

Replace undesirable habits with soul qualities. Soul qualities are divine magnets that attract friends.

Compassion, forgiveness, cheerfulness, selflessness and love.

Meditation helps us to develop soul qualities.

Master magnetically drew souls to him. He had a vision of souls that would come after his lifetime.

Get busy exercising soul qualities.

Divine love is the most important soul quality.

Near Death experiences – whoever experiences this understands that the whole purpose of life is learning how to love God and others. Their success would depend on how they would learn how to love.

Little things matter. The most important thing is our relationship with others. Love is the answer to everything. Get busy loving and loving and loving.

“He who is friendly and kind to all is a friend to me.” ~ Krishna

“Be so drunk with the love of God all day so you don’t know anything else. Then give that love to all who cross your path.” ~ Master

“Rings and jewels are not gifts. Apologies are gifts. Giving oneself away is the true gift.” ~ Emerson

We can all give away kindness, appreciation, a listening ear, encouragement. These are the true gifts. Where we give, there we have happiness and true friendship.

How do we be a divine friend to all? Show appreciation. People are starving for appreciation.

People respond to kindness with their own.

Make sure your appreciation has depth. The depth and a specific compliment make a real difference. Give a little extra. Show appreciation. This is thoughtfulness. This is how to make friends.

Kindness. Divine law – when you think of others and do for others, you momentarily step into Christ Consciousness. Get out of yourself and your own agenda. Seize the opportunities. Scan the environment. What can I do to be kind? How can I compliment others? How can I give myself away?

What can you do to make someone else a little more comfortable? Calmly and inobtrusively do something to help. Take the attention away from yourself and put the attention on others.

Give love in the face of hate.

Ma attending dinner with our Guru. A man made rude remarks about Master. Ma asked how he could stand it. Master took petals from a flower and crushed them in his hand. Master said to Ma, "See how these crushed petals give off fragrance? Even a crushed petal gives off a fragrance."

Is my love so shallow that I can let others bring me down? Send waves of love from your heart to the hearts of those who hurt you.

When you embrace someone, your hearts touch, your heart chakras touch.

Don't hate or have feelings of ill will toward anyone. It comes back to you. Hate, like love, is an attractive force. You attract hate back to you. To hate anyone is to hate yourself and to deny God in yourself and others.

Practice the peace and harmony affirmation. Visualize the person in your spiritual eye and say, "My Lord, let there be peace and harmony, peace and harmony." This technique sends out vibrations of love. It will change your relationships.

Never before has the world needed people to give themselves away.

You can't change Maya, but you can change yourself.

Change yourself and you'll change thousands.

We can do our part by being a friend to all.

Replace hate with love.

Only love can take my place.