

Brother Satyananda – Lake Shrine, March 13, 2011

“Natural Cataclysms & Metaphysical Thoughts”

Today’s service is about metaphysical thoughts and the events that happened recently in Japan. Natural cataclysms happen throughout history. The convergence of natural and spiritual laws cause these events to happen.

Master’s teachings from the Vedas can explain why these things happen:

1. There’s a delicate balance in creation.
2. There’s a great power in thoughts.
3. There’s an abuse of free will.
4. Individual and mass karma.

The soul does not die – the essential self continues. Those who lose their lives go to an astral heaven and are free from pain and suffering. We pray for those who remain, who are suffering, who are grieving, who are waiting to be rescued.

We are on an ascending cyclical wave. There are many advances. At the top of the cycle is the Golden Age... a natural harmony between human kind and nature. Everything is in a balance because people’s thoughts are harmonious and good and nature responds to those good thoughts and actions.

But there’s potential for destruction. This delicate balance – the Omega value – the anthropic (and omega) principle can be effected by known forces in the universe, including our thoughts.

Balance is fragile and delicate. There’s a dynamic relationship between nature and humanity and humanity needs to support that thought.

Power of thought:

-spiritual law

-thought has power over matter

The fabric of creation supporting all life is consciousness. Each thought vibration emits sound and vibration. Every thought has an energy. There is a correlation between human thought and all of matter.

Thought vibrates into energy and matter. Our human thoughts are a part of the infrastructure. We influence the natural environment. There is a collective power of all of our thoughts.

When the earth becomes heavy with evil, it gives way to natural disasters. Human thoughts have action and power that accumulate in the ether. Violent destructive thoughts build in the ether and build pressure in the natural elements (earth, water, fire, ether).

Harmonious thoughts encourage order and manifest beauty.

Chaos breeds chaos. Peace begets peace.

Violent thoughts disturb balance.

Weather patterns are another example of disruption in this delicate balance. Weather can nurture life. But with the heaviness of evil thoughts in the ether, weather can become violent and destructive.

There's a protective crust around the earth, but there are weak points, seams, and fractures. Plates can move naturally, but also more destructively.

Earthquakes/Plate movements release the pressure that builds from evil thinking.

Our consciousness and the force of nature: there is a convergence of natural and spiritual laws. There is a vibrational pressure from all our thoughts. Individual negative thoughts create individual bad karma.

Why are some effected and some not? We'll all get our turn. We're all here to share in the experience of the environment.

Worldwide negativity has the power to create negative events. It is because of the combined actions of humankind – the law of cause and effect – and the law of magnetism that we share certain vibrations. It's easy to say it is their justice. It is our justice, too. We are a world family.

We are here today in this temple because we share a vibration. There is no chance, no accidents. We are drawn by vibrations. Vibrations from the past affect us. Mass karma: common purpose, common vibrations, common destiny.

From the Gita, pg. 355 – Paramahansa Yogananda explains the combined karma of groups that constitutes mass karma on earth:

“On a cosmic scale, the combined karma of groups of individuals – social or racial groups, or nations, for example—or of the world at large, constitute the mass karma of the earth of portions thereof. This mass karma responds to the electromagnetic vibrations of the earth's cosmic neighbors according to the same laws that affect each individual, thereby inducing beneficial or malevolent changes in the course of world and natural events. A store of good mass karma from living in harmony with divine laws and forces blesses man's earthly environment with peace, health, prosperity. Accumulated bad mass karma precipitates wars, diseases, poverty, devastating earthquakes, and other such calamities. During times of prevalent negative vibratory influences, the individual must thus contend not only with his personal karma, but also with the mass karma affecting the planet on which he lives.”

We have a law of individual karma and mass karma. We all draw together by like vibration. We are sharing this earth collectively.

Sri Daya Mata said this to Bro. Satyananda the day after 9/11:

“There is destruction in the world that cannot be avoided.”

We must endure our part, just as the Masters endured before us. We must make a positive contribution. Don't dwell on the negative events. Transmute the shock and sorrow. With courage and love we need to offer ourselves to be part of the solution. Find the inspiration and strength to help where is needed.

"When your brother has karma to suffer, you have dharma to serve." ~ Indian saying

Many organizations are on the ground right now. We can donate to them.

Do not underestimate the power of thought. The most powerful thought is the attunement that comes from meditation.

We have a contribution and duty to offer our meditative energy. Every single day you can make these kinds of offerings. Meditate deeply then offer your spiritual vibrations to the world. Convert sorrow into compassion. Replace Fear with love. Make a positive contribution to the world. Don't dwell on the negative or you become part of the problem.

The power of your meditation is a great offering. The stronger your meditation, the more you can help the world. Prayer after meditation is a great offering indeed. Pray according to the SRF Prayer Circle. Pray to the Lord, "I offer my strength and love to those who are suffering."

Transmute emotion into compassion and become a healing channel for God.

Spiritual Homework:

At least once a day when you meditate, sit quietly and actually feel. Take vibrations of harmony and peace and give them out to others. Know that your vibrations of peace and love are crossing oceans and giving help to those in need. Your love can and will be a significant contribution to those struggling for survival. Meditate and Pray— This is a way you can be a channel of God.