

Brother Satyananda – “Nicodemus and Jesus” – December 20, 2009

Midnight conversation that has raised a lot of discussion – Nicodemus and Jesus.

“A man must be born again.”

“Lifting up the serpent in the wilderness.”

Who was Nicodemus? John is the only one who mentions Nicodemus, a ruler of the Jews. He defended Jesus against the Pharisees. He prepared Jesus’ body before it was entombed.

Talmud – Nicodemus is a member of Jewish leadership. Wealthy, mystical reputation. Holy man.

Gospel of Nicodemus – Lost Gospel.

Nicodemus comes secretly to Jesus. Jesus treats him like a disciple.

“Except a man be born again, he cannot see the kingdom of God.”

To be born of water and spirit – we must re-establish our connection with immortality.

When you see your spiritual eye, you are born a second time. Born again in spirit.

Patanjali lived 200 years before Jesus.

Soul descends into body/spine. As we descend, we must re-ascend. The serpent is the coiled descending Kundalini energy in the spine.

Serpent – coiled passage at the base of the spine – to be reversed for freedom. Reversed by scientific reversal of life force thru the coiled base at the spine.

Profound mystical teaching that connects back to Raja teaching of yoga – Patanjali.

Jesus answered many deep metaphysical questions Nicodemus had.

Did Jesus teach Kriya yoga to Nicodemus? Yes. Jesus did teach pranayam.

Did Nicodemus become a disciple? He supported Jesus and defended Jesus 3 times before the council of Pharisees and helped prepare Jesus’ body for burial.

Band of disciples – Mother Mary, John, Joseph of Arimathea, and Nicodemus – went to France after Jesus’ death. Mary and John went to Turkey. John ended up at Patmos.

“Love yet one another” – this is what John told people. “And if you follow this, God’s will will be done.”

Reflect in this last year what are my spiritual needs. Pray to God – ask Him to grant you a spiritual need. Ask God to bless you with the inclination to increase the virtue within yourself. Ask God for proof.

“Lord, I need to know if you love me.” Don’t qualify it – say, “anyway you want to demonstrate your love for me.”