

Brother Satyananda's Phoenix lecture 3/21/2010

God calls when the iphone is OFF

He starts off by telling the story of Krishna, Ballarana (Arjuna's older brother--my name spellings may be off), Subadra (Krishna's much younger sister), and Arjuna (who wanders as a spiritual sadhu)

The story involves Arjuna as a beggar. Subadra's father takes in Arjuna and Subadra ends up looking after Subadra for a couple of weeks. Subadra and Arjuna fall in love; Arjuna goes to Krishna for help.

Arjuna and Subadra escape in a carriage with Subadra acting as the driver. Ballarana gets upset and goes after Arjuna and Subadra, but Krishna saves the day by whispering something to Ballarana that allows Ballarana to tell Arjuna and Subadra that they can come back, that he will allow them to marry.

So the question remains: what did Krishna whisper to Ballarana? He whispered that since Subadra was driving the carriage that in all likelihood she had kidnapped Arjuna!

Don't take life seriously.

In the AY Master and Sri Yukteswar travel on an enclosed coach, bringing with them Audi, a friend who wants to smoke. Master doesn't believe Audi wants to smoke. He thinks Audi wants to enjoy the scenery, so when the stop and Audi wants to ride with the driver Master says okay. As the coach continues Sri Yukteswar tells Master that Audi is smoking, so Master pokes his head outside the carriage and sure enough Audi is smoking! But Master doesn't get upset. He takes it all in stride.

Life can be intimidating and threatening

When bro travels he gives any money the devotees give him to the maids because they are not treated well.

Even amidst personal suffering give to others in need

Movie ads—they all have guns and bro doesn't like this

He likes dramedies, drama and action that resolves in humor

When the tension in life builds up crack a stupid joke

When the tension in life builds up manage it and minimize it

1st volume of the BG ch. 3 verse 25

Dispassionate attachment

Non-chalant non-attachment

Seek prosperity without being attached

Master had a continuous joyous loving attitude even when the Temple went off the bluff

Work hard, have dreams, have goals but don't let their destruction destroy you

We want certain outcomes and goals

Work towards them with nonchalant non-attachment

Have a hobby and do it without expectation

Try to perform duties for the activity itself then God will get involved

The divine man makes life an enjoyable game

The love of a grandparent is higher because of non-attachment

God Love us as a grandparent

Spiritual Homework

No worry day—have one no worry day a week

No worry day—consciously decide not to worry

If you persevere your days will get easier

Choose a no worry day

Make it the best

Do not worry

Pray for no worries today

Free from worry and fear

Be unwilling to sacrifice god bliss for life's circumstances

Decide that my peace is more important than my worries

Hope for the best and accept the worst