

Satsanga with Brother Satyananda

Thursday, June 18, 2009

Use your mind and imagination to define the “God” you would like to worship. Write down the attributes, the qualities you would like God to have. Let this be the beginning of your new concept of God. Concentrate on it – “God, I want you to be this kind of God to me.”

You are a child of God and can develop your own desire and concept of God.

Concentrate on the Guru. He wrote Autobiography so we could relate to him as a person.

Connect with Master’s life and teachings. The Guru will reveal to you the truth about God. Thru the channel of the Guru, God will be revealed.

Are there beings on other planets? We can reincarnate anywhere – but it depends on karma and desires. The same spiritual laws work throughout the universe. Desire to incarnate as close to the Guru as possible!

Master says “learn to live within your means.” He refused to borrow \$. SRF does not take out loans – they pay cash.

What is the difference between devotion and practicing the presence?

Devotion – the love of our hearts is a form of energy.

We can create a love for the universe thru Kriya yoga.

Converse with God in the privacy of your own heart and mind – this will purify your mind.

Devotion and practicing the presence is the same if done with reverence and devotion, as if you are in the presence of God.

Reverence is the first step in devotion.

You can practice a devotional mantra. Offer the chant to the feet of God. A loving feeling will grow within you.

Jesus advised to strive to be a peacemaker. There needs to be respect. Strive for some kind of respect. Give respect to the other person. Negotiate. Don't expect or assume.

There must be a two-way street for mutual respect. Establish a foundation of respect.

Respect is the road to resolving conflict peacefully.

Think cosmically.

Avoid pettiness.

Resist small mundane thoughts and feelings.

Then conflict will fall into a natural perspective.

Think of all things in terms of universality.

Invite Christ into the cathedral of inner silence.