

Brother Satyananda

Satsanga – Thursday, November 18, 2009

Personalize chants – we have our favorites and it becomes a secret between you and God.

Question One – Time – How is it Measured

Time is relative. Time on earth is based on the rotation of earth and its relationship to the sun. Based on physical movement. It has nothing to do with the galaxy. Another planet would have another time system. Time slows down through space.

There is no absolute. Time has no independent existence outside of the event that measures it.

Astral – no day or night, no sense of passing of time. The more subtle realms – less reliance on time and events. There are events of death and rebirth, though.

It is possible to come right back after death to this world.

Question Two – Time Shift – 12/21/2012 – Mayan Calendar Ends

No dire predications. Master said creation has a purpose. This world has a larger purpose – for us to learn and earn self-realization.

Question Three – Angels

Guardian Angels – In Autobiography, Lahiri Mahasaya's wife's vision of his floating and being surrounded by angels. She has a vision of him as her guru.

Devas – celestial beings cross over and take part in our world.

Ma said there are guardian angels.

A true guru is one's guardian angel. You don't need any other angels! The angels touch the feet of the Avatar.

Angels are part of the greater plan of service.

Question Four – Solstice & Equinox

All heavenly bodies have an influence on us – they do effect us personally. Human bodies are 70% water so we're effected by the moon. Vibratory energies with magnetic forces that do have an influence over us. Sri Yukteswar was an expert vedic astrologer.

Astrology has an influence – but not a determining influence.

The real cause is your own karma. The real cycle of change.

Question Five – Talking about Spiritual Experiences

“Let not anyone else know how deeply you feel about the Lord – don't display it for all.” – Master -- Today's spiritual diary entry!

Don't “display” – don't advertise or show off. Keep it sacred. Don't use it to impress someone else.

Keep your personal secrets with God. A sacred intimacy. Don't talk to impress other people.

Share if it has an encouraging value. If it offers strength to another person.

Question Six – Meditation Focus

Put your mind at the third eye. The gaze will lift. With will, lift consciousness to the third eye. This is the point of reference.

Question Seven – Is it ok to talk to God during meditation?

Practice scientific meditation first and put thoughts aside.

Don't get attached to devotional thoughts. Your mind could wander off.

Practice techniques first because it lifts you up and you reach a state of concentration and then you can talk to God.

Cosmic feeling goes with the intuitive thoughts. Offer God your love and then receive. Take some time to listen.

Practice the give and take relationship – like a wonderful conversation.