

Brother Satyananda – “Sowing Spiritual Seeds”

Sunday, November 15, 2009

Jesus taught in parables. (Second Coming – pg. 692)

Sowing seeds – you broadcast seed and want it to be fertile and grow. But some seed is wasted. See by the wayside, by the thorns, and fertilized.

Seed falls by the wayside – scattered and lost. Human heart receiving truth but is careless or indifferent.

Seed that grows a little bit – will tend to sprout, but has shallow roots and dies.

See among thorns – thorns of doubt and skepticism. Suspicious heart cannot receive truth. Seeds sprout a little bit but they are choked by thorns.

Seeds fertilized – heart that receives truth and tries to apply it. You apply truth to your life. You are fertile ground to sow seeds of truth.

Mental soil, faith, and receptivity. Dedicated spiritual life. Receptive heart soul, devotion, self-discipline. These seeds can grow to God realization.

Attitude – receptive attitude.

Guru – Divine farmer who casts seeds.

The more you fill your heart and mind with thoughts of the Guru, the less room there is for fear.

Prepare your heart and mind to be fertile ground for God and Guru.

Spirituality should be deeply rooted.

Trials can tempt the heart and mind to turn away from God. Make truth profoundly rooted in your consciousness so when things come your spirituality can survive. We have to catch any negativity dark times bring before it overcomes our spirituality. Take shelter in me (Krishna).

Building good spiritual habits will have great payback. You will be able to deal better with turmoil. Develop the habit of throwing yourself into God's arms.

Assert your spirituality during times of ambush by maya and when you find yourself at a crossroads.

A seed cast on fertile ground gives back 100 times.

Repeat wise actions to develop wise habits. Trust yourself. Feel the strength within that is beyond any inadequacy of challenge.

Treat the peace you feel in meditation – the feeling of God – treasure it and take care of it. Don't be careless with it. Preserve the cosmic feeling by treasuring it far more than anything else in your life. Then it will remain.

Spiritual selfishness! Protect and value God – to keep God with you!