

Sunday, July 18, 2010

Sister Draupadi – “How Can We Bring Forth Our Divine Nature” – Glendale Temple

Establish in your consciousness this divine truth: you are the soul. To realize this is our destiny. The process of realization is an inner change. As we enhance the teachings of the Guru and as we try to practice them – that self-effort begins to mold and change our lives. It is an on-going process. We won't change overnight, yet we feel there is something happening inside of us.

The more we change, the more it shows in our inner-most thinking and attitudes, then in our actions and interactions. We simply become a better, more moral and spiritual person.

Ma said, “Master said to me many years ago “someday your life and consciousness will be so different you will not recognize who you are.” That's exactly what happens.

Today's affirmation: “May I realize intuitively that all wisdom and power lies within my soul to live in this world as a true child of God. “

Beatitudes – live according to these. Jesus said, “Ye are the light of the world. Let your light so shine before me that they see your good works and glorify God which is in heaven.” Master's commentary: “Awakened souls shine with the light of God.” This is how we are meant to live in this world – as awakened souls shining with the light of God.

Gita – Chapter 16 – 26 Sattvic Soul Qualities:

Fearlessness, Purity of Heart, Steadfastness, Almsgiving (Charity), Self-Restraint, Religious Rites, Right Study of the Scriptures, Self-Discipline, Straightforwardness, Non-Injury, Truth, Absence of Wrath, Renunciation, Peace, Absence of Fault-Finding and Calumny, Compassion toward all Beings, Non-Covetousness (absence of greed), Gentleness, Modesty, Absence of Restlessness, Radiance of Character, Patience or Fortitude, Cleanness of Body and Purity of Mind, Non-Hatred, Lack of Conceit.

These are all divine attributes of God within us. Let them resonate within your consciousness.

These qualities are the wealth of a divinely inclined person. Express these qualities on the path.

What we experience in our meditations we must express outwardly. God's will on earth, God's kingdom come, is expressed by people on earth. God's will is done through anyone who has chosen to live in God's goodness and who has consciously chosen to live in that consciousness in anything he/she does. Our actions and interactions and what we are becoming – this is how we express this.

Observe yourself when you express these soul qualities. Have self-awareness and watch whenever you express a soul quality the good results it can produce.

Forgiveness – healing and powerful quality. It takes tremendous soul strength to forgive. We suffer if we don't forgive because we cannot be at peace. Process of forgiveness begins in the heart first, then the head. Reach out to that person and try to create a sense of peace and harmony with that person. The

walls start coming down. The strain between you starts to get released. Listen to both perspectives and you will learn a whole list of factors neither one is aware of. The end result – mutual respect and trust. This is the power of forgiveness and the power of the soul to unite us. Ma has always said – “Always be a peacemaker.”

It is our nature to forgive. When you are charitable to other people, you open the door for God’s mercy and forgiveness to come into your own life. Forgive us our trespasses as we forgive those who trespass against us.

Compassion – feel compassion for those who struggle. God is overflowing with compassion.

We’re all struggling with something. Often we feel bound by our struggles. We wish someone would show us understanding, tenderness and love. Those with a tender heart put themselves in the place of others – we feel their suffering and put ourselves in a place to try to alleviate others’ suffering.

Lahiri Mahasaya is compassion personified. One time when he gave a disciple Kriya Yoga, a group of disciples complained because they felt the disciple was unworthy. Lahiri Mahasaya said – “If I had not given Kirya to him, he would have become worse.” We don’t understand – but the Guru understands. Lahiri Mahasaya didn’t focus on the man’s problems – he focused on the self-effort the man was making. This drew the admiration from the Guru. God doesn’t care about our problems – he just wants us to make an effort. God comes to the rescue – He’s on our side. We must emulate God’s compassionate nature.

Don’t judge and be critical of others. Where do our feelings and thoughts come from? Our soul. We know when we do right and wrong. Because we are at peace with the world when we do right. Our soul is always talking to us during the day. The voice of conscience – the voice of the soul speaking to us through our intuition. The more we listen to the intuition, the more active it becomes in guiding us. We become consciously aware of the inner directions. The higher self has a spiritual wealth hidden within us.

What trips us up? The little self – the little ego-driven personality that’s been in control so long it does not want to lose control. The ego is threatened by the soul. This is the battle of Kurukshetra. One minute we are expressing the goodness of our soul and the next we are expressing the little ego.

“When this I shall die, then will I know who am I.” ~ Master

Meditating helps us to transcend the little self. There is a metaphysical transformation every time you go within – and the little ego self begins to dissolve into the true nature of the soul. It becomes infused with the true nature of the soul and becomes spiritualized. Then the spiritual infused ego becomes an instrument of the soul.

Ask Master to help you to put this into practice. Meditate morning and night even for a little while. Reclaim your divine birthright.

During the day, look for the very opportunities that come to transcend the little self. Express patience, express forgiveness. Be compassionate – there but for the grace of God go I. Bless them. Help them. This is how your spiritual life manifests in outward form. Every bit you do builds. This is the real spiritual experience – not visions, not lights. This is where the rubber meets the road. You are living it. You are becoming it. You can make your life radiant.

“Ye are the light of the world.”