How to Pray Successfully Dr. M.W. Lewis San Diego, 1/2/55

The subject this morning, "How to Pray Successfully," and I hope to be able to tell you that in a very few moments. . .few minutes – how to pray successfully.

I notice the definition "pray" is "to ask earnestly for a thing." But to pray successfully, not only is it necessary to ask earnestly for a thing, but it is necessary to be in the Presence of Him to whom you are praying. Most people pray to God with outward consciousness – using mind, intellect, and a product of the senses – inference. But the sad thing is, God is not there, because as we read this morning in the scripture, God is a Spirit, and has to be worshiped in Spirit.

And so, we have to go beyond the mind, and the intellect, outward means of communication, and be in God's Presence. Then we pray, not through these limited means, but through God's Own Power Itself, which is in us – the Power of the Soul, the Intuition of the Soul. That's how you contact God. That's how you approach God. And so, remember, successful prayer means that we must be in the Realm of Intuition, or in the Omniscience of God, and then we pray to Him, simply, through the language of the heart.

In His Omniscience all things are known. His Omniscience is our consciousness. He knows everything we need. God is All-Pervading. We do not have to really ask Him. The only thing we have to do is to remind Him a little bit, that we need this, we need that. And then, when we have reached the high vantage point of more complete union with Him, then we realize there is only one thing we need to know, and that is, "Father, reveal Thyself, reveal Thyself as Thou art."

And so, remember, the important point in successful prayer is first, to be in the Presence of God – in the Presence of God – merging in His Omniscience, then you realize He knows everything you need. Therefore, you just have to remind Him a little bit, "Here I am, I need a few things." And you remind him in only one way, through the Intuition of your heart.

Now, we have these things spoken of directly in the Bible, in Matthew, the 6^{th} Chapter, the 5^{th} to 8^{th} Verses. There we have a treatise, complete, on how to pray successfully, if you will read it, and understand it. In the 5^{th} Verse it says, "And when thou prayest thou shalt not be as hypocrites are: for they love to pray standing in the synagogues and in the corners of the streets, that they may be seen of men."

Great devotees of God – praying loudly with their intellect and voices – God doesn't know them at all. So it says right in that chapter – don't do that. But, "Verily I say unto you, They have their reward." They have their reward in outward consciousness, which is a dream, and passes away. There is no real value there. But they are thought well of

by men. But, I think we all realize that we want to be thought well of by God, not by men.

Then it goes on in the 6th Verse, "But thou, when thou prayest, enter into thy closet, and when thou hast shut the door, pray to thy Father which is in secret; . . ." This is the most metaphysical truth pointed out right here. "When thou prayest, enter into the closet. . .thy closet." Thy closet, metaphysically, spiritually speaking, is in the secret place of the Most High, at the Door, the Christ Center. That's where God is, and that's where we must enter, if we are to pray successfully.

Then it says, "And when thou hast shut the door," – there's the key, shut the door to these outward things, worldly words, worldly prayers, things of intellect, mind, and sensation – when you have shut those things out, then, it says, "pray to thy Father which is in secret;" God is a Spirit. He has to be contacted in Spirit, and you have to pray to Him in Spirit, which is His Power of Intuition. That's the secret. Shut out the other things – shut the door to worldly things – then, pray to God, which is in, "which seeth in secret" – which is in secret – "and thy Father which seeth in secret. ..."

He doesn't see when you pray with outward consciousness at all. That's His Dream. He's dreaming. He's taken up with other things. But when you pray in Intuition, then, it says, "And thy Father which seeth in secret, shall reward thee openly." That is, God is a Spirit, and must be worshiped in Spirit. And when you contact Him in secret, when you contact His Presence as the Holy Ghost within you, as the Holy Vibration with Its Light, and Its Sound and the Omniscience of God as His Great Love; when you contact Him that way, then He seeth you; then He heareth you; He rewardeth you in outward consciousness.

That is why, you remember the Master's words, "Those who follow, those who leave all else, but never leave God, they will see His Hand working silently and wonderfully through all things." Why? Because you have prayed to God successfully, you have contacted Him in secret, and He rewards you openly – the most wonderful metaphysical truths in this Chapter.

Now, going on just a bit – but when you pray, "use not vain repetitions as the heathen do: for they think that they shall heard for their much speaking." There we have referred to, lengthy, repetitious prayers. But, remember, these prayers are in outward consciousness. They are not the key at all to successful praying – successful praying. When you have entered into the Presence of God, you cannot utter a word, but you speak and pray to God through the heart. So remember these are outward things. They are no value, as far as real prayer is concerned.

And finally, the last, or 8th Verse, "Be not ye therefore like unto them; for your Father knoweth what things ye have need of, even before ye ask." Because God's Omniscience is everything. We are that Omniscience. Everything we need is His Consciousness. He knows that. The only thing, as I have said, be in His Omniscience. Be in His All-

Pervading Consciousness. And I have found, in my small experience, He just needs to be reminded a little, through the heart. Then he responds.

I told you many times, the time I was out in the storm, that's when I needed successful praying. I remember the Master's words, "When you're in the Om Vibration at this point [Doctor points to the point between the eyebrows], in the secret place of the Most High, in your closet, nothing under heaven can touch you. So I looked there, saw the Spiritual Eye – big and bright – then felt in my heart that I certainly needed some help. That's all. I couldn't have uttered a word. I was beyond uttering words. But God responded. Why? Because I had conformed to the law of successful prayer.

Now, going on a little further. To me, the greatest way to prayer, to pray, is this – and it is the greatest way – is to be in the Om Vibration. To be in the Holy Vibration; to be in that Vibration – the Sound of Many Waters, the Trumpet Sound – to be in the Great Spiritual Light of God. That's the greatest prayer, because that's God's Presence. If you're in that, you are praying to God.

If I have a friend, and he's outside, and I try to pray to him here, he doesn't hear me. But, if I bring him in, or I go out into his presence, then he hears me. So, remember, when you are in the Om Vibration, you are in God's Presence, in His Omniscience, in His Consciousness. As it says in St. John, which I repeat, and will repeat, because it takes a long time to make the mind grasp these things, and our consciousness: "In the beginning was the Word, the Word was with God, the Word was God." And so the greatest prayer that you can offer, is to hear the Om sound; hear the Sound of Many Waters; hear the Trumpet Sound of the Cosmic Vibration, and then merge in it. Then you have Omniscience. Then you are One with God's Omniscience. He surely knows what we need. And then having that, as I have said, whatever is in your heart, He will give you, according to His Will.

And so, remember, the greatest prayer that you can offer to God, the greatest way to pray successfully, is to be in His Holy Presence. Something concrete – not just in imagination – something concrete, the Holy Ghost. Now when you're in that, that's God in you. Then the idea of separation from Him will vanish, there'll be no separation; you'll realize it's His Omniscience who is in you. Then, whatever your heart wants, ask, and "ye shall receive according to My Will."

The only thing is, we have to convince ourselves. We have to convince ourselves that we are a part of God's Great Omniscience, and that we are not separated from it. It's so difficult, because He has suggested this delusion so strongly that we cannot soon rise above it. But, it can be done, because there is no separation between us and the Master of the Universe. You can know it only through deep meditation, and effort, and the Grace of God. And when you know that, when you can make your consciousness realize, convince it, that you are not this body, then you realize that you are a part of His Omniscience. Knowing that, prayer is easy.

That's why Patanjali said, "Get rid of the mental cancer, the idea that you are this body." Get rid of it, because we really are not. God has done a good job in suggesting it, but still, we are not this body. You can prove it. Many have proved it through deep meditation. You are, as I said a moment ago, the Omniscience of God as the great Om Vibration – the Holy Vibration, with its aspect of the Voice of Many Waters, the Sound and the Omniscient Light of God, plus His Love in that. That's what we are. That's what we must convince ourselves that we are, through regular meditation, and through God's Grace. Knowing this. . .knowing this – knowing that we are that All-Pervading Omniscient Consciousness of God – we know that that Consciousness knows our every need. Knows that everything we need is there – everything God knows – therefore, I will trust Him, you will trust Him, rather, than outward consciousness. Who wouldn't trust the Master of the Universe? But, we have to know Him to trust Him.

Now, going on – how to do that? How to convince ourselves we are not this body, but we are the Omniscience of God? The Master has said it in a few words. I cannot improve on his words: "Long continued concentration on the liberating Spiritual Eye." That's the door. That's the way into the Omniscience of God, "Long continued concentration on the liberating Spiritual Eye." What does it do? Frees the devotee from delusion that he is separated from God.

Another thing the Master told me one time was this: I was asking him about seeing this, or having this, this power, and doing this and that. He said, "Don't be taken up with those things. One prayer is sufficient. The only prayer I use," he says, "is Father, reveal Thyself, reveal Thyself as Thou art." Knowing we are one with His Omniscience. If He will reveal that to us fully, then we surely are successfully praying.

Now, going on to conclusion, there's this. To me, to my humble way of thinking, the most convincing, instructing, and the greatest scripture on how to pray successfully, you will find in 1st John, not St. John, 1st John, Chapter 5, 11th, 13th, 14th, and 15th Verses. Read them. Read those verses. If you can just meditate and understand it, you will know all you need to know about successful praying. They're most wonderful. St. John, or 1st John, Chapter 5, 11th, 13th, 14th, and 15th Verses. If you will read those, it drives home all the things that I have said – all the things that anyone can say – in those few verses.

So let us, in conclusion, just discuss this scripture. "And this is the record. . ." Remember the subject, successful praying. "And this is the record, that God hath given to us eternal life, and this life is in his Son." Now, God in us is the Son. God in us is the Christ Consciousness. God the Father's Consciousness in His Creation is the Christ Consciousness, and that is in each and every one of us as the Son. If we have that, what do we have? Eternal life.

Now going on just a bit, "These things have I written unto you that believe on the name of the Son of God; that ye may know that ye have eternal life, and that ye may believe on the name of the Son of God." Now the important thing is the name. Now remember, God the Father is in us as the Christ Consciousness, and the name of that Christ Consciousness within us is the Holy Vibration. I have a name, you all have a name, that Christ Consciousness has a name: the Holy Vibration, the Sound of Many Waters, the Great Light of God, and His Great Love. That's the name of Christ Consciousness within each and every one of us.

Now going on, if, if we have that, if we believe on that, if we merge in that, become one with it, we have Eternal Consciousness – we have the Omniscience of God. So you can see, as I have said, to pray successfully, we must first attain the Presence of God, and the Presence is the Christ Consciousness within you as the Holy Vibration. Therefore, to pray successfully, the first thing is, to be one with that Holy Vibration within you.

Now going on just a bit. If we have that, if we merge in that Holy Vibration, if we can successfully convince ourselves that we are that Vibration, then we have the Omniscience of God. And so in the 14th Verse it said, "And this is the confidence that we have in Him, that, if we will ask any thing according to His will, He heareth us: And if we know that He hear us, whatsoever we ask, we know that we have the petitions that we desired of Him."

Now, if you have, if you have, and realize, God's Omniscience, won't you have confidence in Him? Will there be any question of lack of faith? The trouble is we do not have that Omniscience. That's why our faith lags. But, if through the techniques of Self-Realization you contact the Holy Vibration – which, remember, is God in you as the Christ Consciousness, having that – how can you have anything but confidence in God? And knowing that His Omniscience is in you, you will not even ask anything. Why should you? He knows what you need – He knows your every need. The only thing is, you will, perhaps in your heart, feel, "Father, reveal Thyself, reveal Thyself as Thou art." Having that, that's the greatest prayer that you can offer.

Remember, the greatest prayer, as it says in the Bible, is to merge in the Son of God within as the Christ Consciousness – or, as I have said – the greatest prayer that you can give, and which is depicted in the Bhagavad Gita, is to be one with the Om within you, the Holy Vibration, because that is God in you. And in the Bhagavad Gita we read these words, in the 8th Discourse, "All the gates close." Just what I've said in successful prayer: sensation left out – mind, intellect – outside. "All the gates close. The consciousness confined in the heart."

Remember, just remind God, a little, when you're in His Presence as the Om Vibration, as Light which you see. Then, as the Gita says, "The consciousness confined in the heart." That's what moves God. So, if you're going to pray, pray in the best way – "Consciousness confined in the heart, the life breath fixed in His own head," that's with the consciousness here [the Spiritual Eye], "concentrated by yoga, uttering mentally," feeling rather, "the Om, the one syllabled eternal Om, he who constantly dwelleth in that Om in Me, he who does that, not thinking of anything else, of him I am easily reached. He cometh to Me. He goeth on the highest path."

And so the key to successful praying is, to merge in God within as the Tangible Thing, the Holy Ghost, the Comforter, the Great Om Vibration, which, remember, is God Himself as the Sound of Many Waters, the Voice of Many Waters, as the Light seen at the Christ Center, the Eternal Light of God. And then, in the language of your heart, with your consciousness in your heart, pray "Father, Thou knowest all my needs, reveal Thyself, Thou art All, give me according to Thy Will."