## Prokhas and Probhas - Hari, Hari Chant Translation Dr. M.W. Lewis Encinitas, 6-2-54

Swami Atmananda will now sing a Bengali chant. I'll [Sri Prokhas] be giving a free translation in English. [This chant was given during a devotional service held with Doctor Lewis as the presiding Minister for Self-Realization Fellowship when Sri Prokhas and Bramachari Probhas were visiting from India.]

Take the name of Hari. Taking the name of Hari on your lips, cross the sea of life. Hari's in waters, Hari's in land, Hari's in the moon, Hari's in the sun, Hari's in fire, Hari's in wind, Hari fits the world.

Banishing hunger and thirst, take the name of Hari. Hari's food for your hunger, Hari's drink for your thirst. Hari's strength of the weak, Hari's the savior of the oppressed, Hari's purified of the fallen, Hari's the lover, the devoted. Hari's in food, Hari's in clothing, Hari's in home and family, Hari's in body, mind, and soul. Hari's the fun for the journey. Hari's in outgoing and incoming breaths. Hari's in the bloodstream. Hari's the colirium for the eyes. Hari is strength, Hari is power. Hari is formless. Hari is consciousness.

Assuming a human form, Hari satisfies the heart with bliss consciousness. In happiness there is Hari, In sorrow there is Hari. In adversity there is Hari, In prosperity there is Hari. Hari's in birth, Hari's in death. Hari's the great benefactor of all. Hari's devotion, Hari's salvation. Hari's heaven, Hari's the way. Hari's the lot of the world. Hari's this life, Hari's afterlife. Hari's father, Hari's mother. Hari's guru and the giver of wisdom. Hari's the savior of all. Hari's pure and bright substance.