

## **2017 Self-Realization Fellowship Convocation**

### **Loyalty and Inner Attunement**

#### **Brother Jayananda**

(DISCLAIMER: These notes are our best attempt to capture the essence of what was said at this class. There is always a degree of human error involved when taking notes and we have transcribed them to the best of our ability.)

It seems that we are entering a new chapter. Most of Master's direct disciples are now in the astral. Remember that the gurus know what the plan is.

One does not realize how much he changes. I am in You and You are in me. The love of God is the only reality. The great ones come to bring us back to God. It is the soul that matters.

We have had countless incarnations in lower forms and countless incarnations as humans. Then we decide, "OK, enough is enough, I want control over my own evolution."

Only those who have been earned great karma are in this room tonight. Out of millions of people, you have been drawn here.

Why are we reincarnated? This is a new opportunity, given by God and Guru, to destroy bad karma.

The child in school has to keep going back, year after year, until he has completed all the classes. We must "pass" all the spiritual grades. Our karma puts us in the positions where we can work out the karmic lessons we need. As the fire increases, the karma decreases.

All people want to think they were kings and queens in past lives. A study of history shows those lives were not always very pleasant.

Master said, forget the past, it is gone. Forget the future as it is beyond your reach. Concentrate on the present.

Once Daya Mata heard people discussing who she might have been in previous lives. She said, "In a former life, I was someone who loved God."

At the Christmas banquet after Master's passing, Rajarsi said, "One does not realize how much he changes in this path." Master told him, "I am in you and you are in me." Now all I feel is

Master. It is so great, so joyful. It was a blessing to have him in the form, but it is the soul that matters. We have his teachings, to lead us to feel God's presence. Master is in charge of all of us.

Rajarsi said that Master is here more now than when he was in the body. The mission of India is two- fold: to search for eternal verities/truth and to develop the guru disciple relationship. The stories in Autobiography of a Yogi give us spiritual guidance. The sleepless saint told us that as soon as the devotee is willing to go even to the ends of the earth to find enlightenment, his guru appears at his side.

All of us have been blessed to have the teachings and a Guru who gives us the feeling of concentration on something greater than ourselves. Obedience and surrender to the Guru is the only way to salvation.

We must observe and learn from others and see what works. The Guru sends us people, books, films, etc., but they do not satisfy us; we want realization, we want God.

People ask, how do we find a Guru. Master told us, when the devotee is ready, his Guru comes to him.

Up in San Francisco we see the huge tankers coming into the bay, under the Golden Gate Bridge. There are very difficult currents in the bay. A couple of us monks were hiking there and we could see the tankers. The captain is in complete charge of his ship. He is very intelligent, very skillful, very wise. He has navigated many places. But when he enters the bay, a pilot comes to take complete charge of bringing the tanker into port. In a similar way, we need a Guru to take charge of us and bring us to God. He comes when we are ready and need Him... he comes to us near the end of our spiritual journey.

Master said loyalty is the highest spiritual goal, the highest spiritual law. Loyalty percolates through so many qualities. Loyalty elevates them.

Brother Premamoy, who trained many of the monks, was very saintly. He emanated loyalty. He was a great example of loyalty and humility. Once we young monks found some fresh strawberries in the refrigerator and took some to him at breakfast. He said, "Oh, I wanted to give them to Daya Mata." He was very loyal to Daya Mata, as the representative of his Guru.

Later in his life he was very frail and had health problems which he hid from others. He was quite fragile and had difficulty walking. He was trying to help out at retreat, but because of his serious health problems, he had no energy. When Ma came to the drive way and called for him, he sprinted up the driveway to her, though it must have been hard.

During the Christmas banquet for the monastics, where they often filmed ma, she was hugging the monks. When she came to Brother Premamoy, she hit him in the head at the kutastha. He didn't need the hug. Some wondered if she loved him as much but she didn't need to hug him, the touch was enough.

When he passed, Brother Jayananda received the call from Encinitas. Although it was unheard of for him, he knew he had to go to Ma's room to give her the news. He knocked on the door. She asked, "Who is it?" "It's Brian, Ma." He told her that he had just received the news that Brother Premamoy had passed. She said, "Brian, I haven't shed tears for many...but....".  
Profound loyalty is a two way street.

Then Brother Jayananda told of the story in the AY when Swami Sri Yukteswar asked for Master to give him his unconditional love and loyalty.

When Sri Yukteswar first met Master, he told him, "I'll give you my hermitage and all I possess." Master told him that he only wanted realization. Sri Yukteswar told him, "I will give you my unconditional love." Master replied, "I will love you eternally, gurudeva."

Mrinalini Mata edited God Talks with Arjuna, The Second Coming, and the new lessons. He once saw Daya Mata in the hall and Mrinalini Mata was coming toward her, carrying a large stack of papers. She was always very busy. Daya Mata said, "We just received word some guests are coming. Please make your wonderful curry for them." Mrinalini Mata immediately put down her papers and put on her apron. That was obedience and loyalty. Loyalty begins where convenience ends. Loyalty brings attunement. Brother Jayananda read Master's Prayer of Loyalty and Attunement.

Mrinalini Mata was unique in her attunement. About 8 to 10 years ago, Mrinalini Mata was giving a Satsanga for some of us monks at Encinitas. She began telling of her early years with Master. She was very young when he handed her a lesson and said, "Here, edit this." He knew her role then, when she was only 14.

He also told her to study Shakespeare. She wasn't sure where to find time to do this. She was in high school and her English teacher, knowing she was very advanced, said to her, "Go find something to do while I teach these other students." She said, "What if I go to the library and prepare a paper on Shakespeare?" The teacher liked the idea, and that is what she did.

The principal was very taken by Master. Master brought his collections of rocks and artifacts from all over the world to the school and showed them to the students. Once this happened, Mrilani Mata, who was very shy, was like a rock star. The principle told Paramahansa Yogananda, "I don't know what you do but your kids are so well behaved and very intelligent." She said Master was so proud of his kids, like a papa.

Every day the monastics who attended school in Encinitas would come home on the school bus. They would look for Guruji, who would raise the blind in the window and wave to them. Sometimes in the evening he would sit with them around the dining room table or they would be at his feet while he sat in his chair, and tell them stories. Often they did devotional chanting late into the night and then get up and suggest that they make a curry. The children would find the vegetables and potatoes and cut them, and Master would put things together into a curry.

Sometimes he would say to her, Go put on General Pershing (known to always be right). He said to them, don't think, be in attunement with me. And when we did catch his thoughts, he would tell us that was very good.

We need to strive to be in attunement with our Guru. What is He trying to do for us? How can we help? He has given us the techniques; he is a living Guru for us, right now.

In a spiritually receptive person, loyalty rises spontaneously when we are in tune with the love of the guru. Sometime we have made a plea, give me some way to contact God. Practice the techniques religiously. When God comes to you, you will vibrate with joy. All of you can have a state of bliss. Be regular and determined. If you are, your zeal for God will never fade. Never give up; you must be loyal and determined for attunement.

Mrinalini Mata's main goal in life was to prepare these teachings for the ages. No other world teacher has given as much information as our Master.

Brother told the story about how her family used to go to the Friday services in Encinitas. One night, Master asked for the Brown family (her family). One of the children asked if he could play the tablas, and he played for a long time, "Door of My Heart". The family had a long ride back to San Diego. Shortly after they left, the tire on the automobile blew out. The roads were not highways back then, but dark, two way roads that were hard to navigate. One of the children said the rubber of the bare tire rubbing against the tire rim sounded like Master on the tablas. All the way back home, they sang, "Door of My Heart". As soon as they opened the door, the phone rang. It was Master, asking if they arrived home safely. He asked a number of times, until they told him about the tire blowing. Ma advised them, "Wherever you go, know that the guru is with you."

In the AY, Master is leaving and a boy is so sad. Master said to him, I am giving you Kriya. It will be your key to Heaven. We have been given that same key. We have been given instructions on every aspect of life. He said, "After I am gone, I will talk to you through the Lessons."

Master told Mrinalini Mata that she should use the Universal Prayer, "May Thy love shine forever, in the sanctuary of our devotion and may we be able to awaken Thy love in all hearts." He said this is the prayer for this New Age.

Brother Jayananda said we are more loyal and persistent devotees than ever.